## LIGHT AND BRILLIANCE

## **BECOME A NEW CREATION**

**What**: An opportunity to evaluate past, present and future conditions to discover your best traits, overcome habits and move away from strongholds and bondage.

**Who**: Anyone seeking a sustainable change process to achieve a healthier more fulfilling lifestyle.

## Why engage in this type of change life experience?

- Personal assessment
- Improve current performance
- Retrace your life map
- Play the game of life successfully
- Pin the strongholds to improve wellbeing
- Forgiveness and letting go of the past
- Unfold the burdens from death to life
- Reach happiness and life satisfaction

## Educational life conversations to begin anew

- The right and the wrong choices
- From caterpillar to butterfly
- Pursue your goals and dreams
- Overcoming bad habits
- Relationship with Jesus
- Faith, trust and perseverance
- Embrace the future with confidence
- Recount your story to help others