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# LIGHT AND BRILLIANCE

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## RESTORATION

- Bringing back to a former position or condition
- Returning to an unimpaired or improved condition
- Reconstruction to the original form
- Restitution of something taken away or lost

The process of recovery, renewal, revival or reestablishment of something or someone to its original, normal or unimpaired condition requires grit, self-control and a desire to change. It depends on the ability to:

- **SHIFT ADVERSITY INTO GROWTH AN OPPORTUNITY**
- **TRUST ONESELF TO CONQUER NEW IDEAS**
- **PERSEVERE WITH PASSION TOWARDS THE PROCESS**
- **RISE UP AND SEEK NEW WAYS TO RESOLVE**
- **ASK FOR HELP WHEN NEEDED**